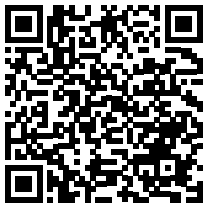


EMPLOYEE ASSISTANCE PROGRAM

This month's live webinar:

BENEFITS TO HELP YOU LEAD A THRIVING LIFE



**Wednesday,
January 12th
11:00 am PT**

Your Program: Benefits to Help You Lead a Thriving Life

- Identify the components of your program.
- Explain how to access a variety of resources, tools and services.
- Describe what to expect when contacting your program.