SUBSTANCE MISUSE RESOURCES

• **Adult Children of Alcoholics World Service Organization**
  Resources for people who grew up in alcoholic or otherwise dysfunctional homes.

• **Al-Anon**
  A program of recovery for the families and friends of alcoholics.

• **Alcoholics Anonymous**
  Find an AA meeting.

• **Alcohol Treatment Navigator**
  Explains how different treatment options work, how to choose a quality program and how to get support for yourself or for a loved one through the recovery process.

• **Boys Town National Hotline**
  1-800-448-3000
  Crisis and resource line staffed by counselors to provide information about a variety of issues, including chemical dependency.

• **Cocaine Anonymous**
  A 12-step group that focuses on people with cocaine addiction.

• **Covenant House Teen Hotline (NineLine)**
  Call 1-800-999-9999
  General hotline for adolescents, teens and their families. Assistance with any kind of problem—including alcohol and drug use. Covenant House specializes in homeless and runaway youth.

• **Crisis Text Line**
  Text "START" to 741-741
  Advice and referrals for anyone who feels that they’re experiencing a crisis. This can include drug and alcohol dependency, suicidal impulses, family problems and other personal difficulties.

• **Crystal Meth Anonymous**
  A fellowship of people who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth.

• **Faces and Voices of Recovery**
  An organization dedicated to mobilizing individuals in recovery from addiction to alcohol and other drugs, our families, friends and allies into recovery community organizations and networks, to promote the right and resources to recover through advocacy, education and demonstrating the power and proof of long-term recovery.

• **Families Anonymous**
  A 12-step fellowship for the family and friends of those individuals with drug, alcohol or related behavioral issues.

• **Health and Human Services**
  Provides one-stop access to U.S. government information about the prescription drug abuse and heroin overdose epidemic, including resources for health professionals, law enforcement, parents and others.

• **Jewish Alcoholics, Chemically Dependent Persons And Significant Others (JACS)**
  The mission of JACS is to help Jewish people in the U.S. live an independent, addiction-free life. JACS fosters addiction recovery by integrating participants into the Jewish community. This support group doesn’t allow judgment and is accepting of all variances of the Jewish faith. It also teaches participants to understand addiction and its causes. People can also subscribe to online discussions offered by JACS.

• **Kelty Mental Health Resource Centre**
  Resources for youth and teens about substance use, including in-depth information on various substances and concurrent disorders, as well as steps to seek help.
• **Marijuana Anonymous**
  A 12-step group founded to address the needs of people who abuse marijuana. MA states that the only requirement to join is a desire to stop using marijuana.

• **NAR-Anon**
  Support for people affected by someone using and abusing drugs.

• **Narcotics Anonymous**
  Assistance for people who want to stop abusing prescription or illegal drugs. Find a meeting.

• **National Association for Children of Addiction**
  A national membership organization focusing on the children of parents struggling with alcohol or substance abuse.

• **National Council on Alcohol and Drug Dependence**
  Call 1-800-NCA-CALL (622-2255)
  Support to those who need assistance confronting the diseases of alcoholism and drug dependence.

• **National Drug Helpline**
  Call 1-844-289-0879
  Open to any individual dealing with addiction issues, including family members and other loved ones. Resources are available for those struggling with any addictive substance, including alcohol.

• **National Institute of Alcohol Abuse and Alcoholism**
  NIAAA supports and conducts research on the impact of alcohol use on human health and well-being. They provide resources directed toward young people to evaluate your drinking and tools to stay in control.

• **National Institute of Mental Health Information Resource Center Hotline**
  Call 1-866-615-6464
  Helps people suffering from mental illness find the resources they need to get treatment, including crisis intervention.

• **National Institute on Drug Abuse (NIDA)**
  Call 1-800-662-HELP (4357)
  National agency dedicated to prevention of drug use, and treatment of existing drug problems. You can get around-the-clock help in finding local drug treatment centers.

• **National Organization on Fetal Alcohol Syndrome**
  Support for individuals, families and communities living with Fetal Alcohol Spectrum Disorders (FASD) and other preventable intellectual/developmental disabilities and works to prevent prenatal exposure to alcohol, drugs, and other substances known to harm fetal development by raising awareness and supporting women and their partners before and during their pregnancy.

• **National Poison Control Center**
  Call 800-222-1222
  Speak to a poison control professional (including cases involving drugs and/or alcohol).

• **National Suicide Prevention Lifeline**
  Call 1-800-273-TALK (8255)
  Not just a suicide hotline, this lifeline offers help with issues of drug and alcohol use.

• **Opioid Treatment Program Directory**
  Find opioid treatment programs by state.

• **Partnership for Drug-Free Kids**
  Call at 1-855-378-4373
  Information on how to reduce substance abuse among adolescents by supporting families and engaging with teens.

• **SAMHSA’s Helpline**
  Call 1-800-662-HELP (4357)
  Refers callers to mental health and substance abuse resources in their area. All programs recommended by SAMHSA meet federal guidelines for assisting people with mental health and addiction disorders, and all inquiries are kept strictly confidential.

• **Secular Organizations for Sobriety**
  A mutual-help group model that is not 12-step based. SOS addresses numerous forms of addiction, including those involving not only alcohol and drugs, but other compulsive behaviors such as food addiction. SOS takes a secular approach to promoting sobriety. SOS emphasizes personal empowerment and forgoes the incorporation of spirituality or God in recovery, in contrast to the 12-step model.

• **SMART Recovery**
  In person: smartrecoverytest.org/local
  Online: smartrecovery.org/community/calendar.php#.VT._FyCFVFhBc
  Assistance for people with alcohol or other addictions through group therapy sessions.

• **Start Your Recovery**
  Information for people, who are dealing with substance use issues, their family members, friends, and co-workers, too.

• **Truth Campaign**
  Information, videos, and social media to engage youth in taking action against tobacco and tobacco companies.

• **VA Treatment Centers**
  Search for a local VA substance use disorder (SUD) treatment program or a VA medical center with mental health specialists.

• **Veterans Crisis Line**
  Call 1-800-273-8255 and press 1
  Send a text message to 838255 to receive confidential support 24 hours a day, 365 days a year.

• **Women for Sobriety**
  Call 215-536-8026
  Support for women seeking a sober life in recovery from problematic substance use.

This document is for your information only. It is not meant to give medical advice. It should not be used to replace a visit with a provider. Magellan Health does not endorse other resources that may be mentioned here.