

## EMPLOYEE ASSISTANCE PROGRAM

**This month's live webinar:**

# WHEN THE POT BOILS— HELP PEOPLE COOL IT



**Wednesday,  
June 8<sup>th</sup>  
11:00 a.m.**

### **When the Pot Boils— Help People Cool It**

- Describe different ways people interact and how people think.
- Practice strategies to deal with difficult people and heated situations.
- Recognize ways to cool yourself down.