

EMPLOYEE ASSISTANCE PROGRAM

CAREER
ASSISTANCE
AND STUDENT
RESOURCES

Need help getting organized, managing your time,
or creating a positive work environment?
EAP can provide useful tips for students
and professionals.



1-866-EAP-4SOC (1-866-327-4762)

TTY USERS SHOULD CALL: 1-800-424-6117

eap.calhr.ca.gov

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