



# Understanding Neurodiversity in Your Personal and Work Life



Join the **live webinar** on April 10, 2024 at 11:00 a.m. Scan the QR code now or visit [eap.calhr.ca.gov](http://eap.calhr.ca.gov) to register.

In this webinar, you will learn how to:

- Describe neurodiversity
- Discover the value of neurodiversity at work and home
- Name strategies to support neurodivergent people

The webinar will be recorded and posted on your Employee Assistance Program website, [eap.calhr.ca.gov](http://eap.calhr.ca.gov). Go to Quick Links and click on Webinar Events to access the page with the recording.