

## Employee Assistance Program

Your resource for help with daily challenges and difficult situations

# Employee Orientation EAP Training Event

Tuesday,  
April 23, 2024

10:00 - 11:00 a.m.

### Training Description

This training is designed to familiarize State of California employees with their Employee Assistance Program (EAP) benefits. During the session, attendees will learn about the scope, purpose and value of EAP programs and services.

### Learning Objectives

- Describe your EAP and define eligibility
- Explain EAP services including Coaching, Counseling, Digital Emotional Wellbeing, Work-Life, Financial Wellbeing, ID Theft Resolution and more
- Learn how to access services and what to expect when you contact Magellan Healthcare



On the day of the event, scan the QR code to access the live webinar.

### Access Information

Advanced registration is not required. On the day of the event, use the following link to view and listen to the live webinar: [magellanhealth.adobeconnect.com/r36ztkd7nz82/](https://magellanhealth.adobeconnect.com/r36ztkd7nz82/)

If you want to access the audio only, call (816) 293-9963 and enter 9498679#

To view past trainings, go to [eap.calhr.ca.gov](https://eap.calhr.ca.gov). In the Explore Services section, click on the Trainings and Webinars tile to access the training recording, PDF of the slide show presentation and handouts (if any).

### Please Note

- These trainings are intended for State of California employees.
- Before planning to attend, obtain supervisor approval.
- Please contact [eap@calhr.ca.gov](mailto:eap@calhr.ca.gov) for any reasonable accommodation requests. We kindly ask for at least two weeks' notice before the event to review the request.

